

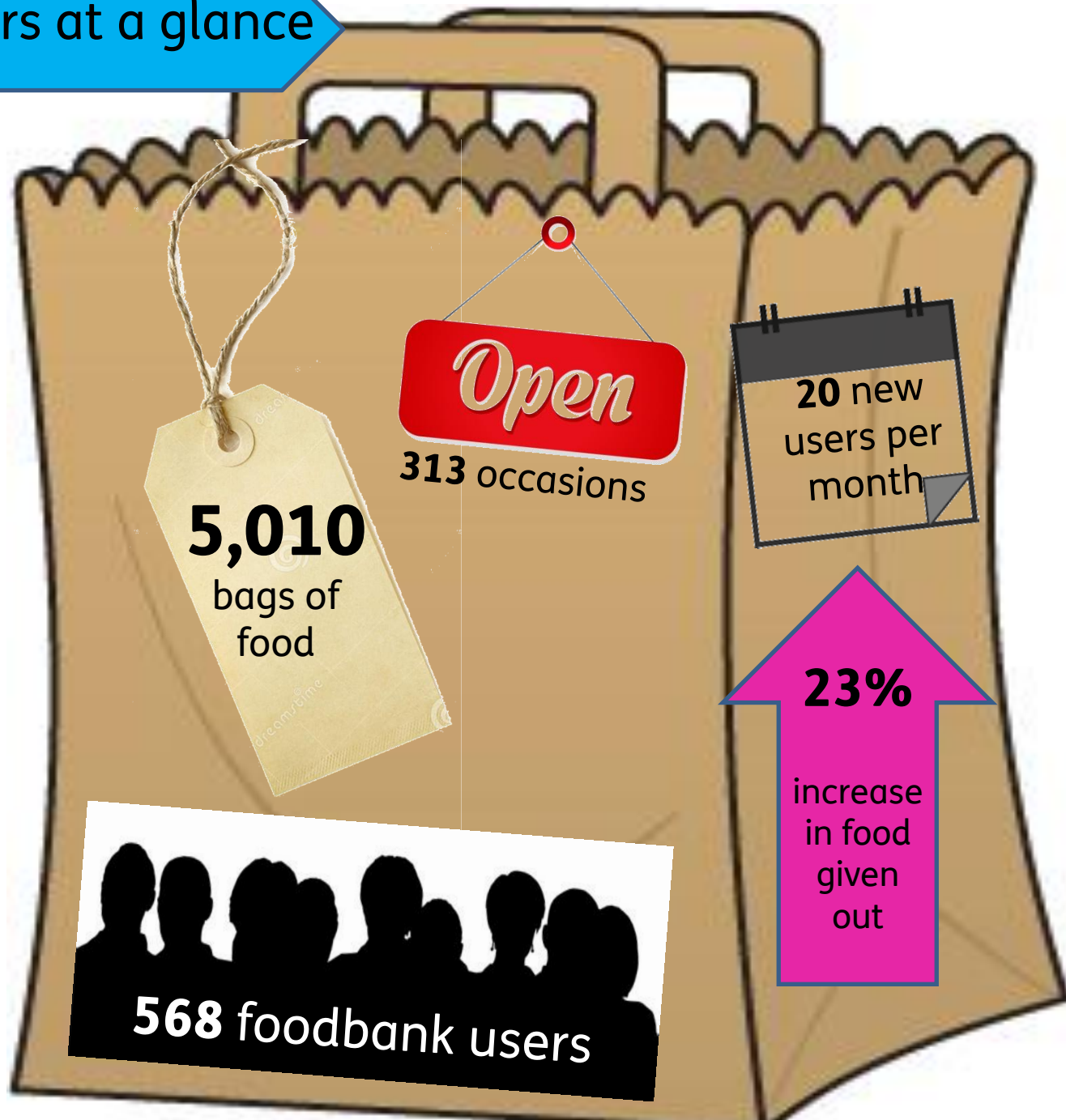
Living Well
Bromley

Foodbank use

June 2013 – May 2015

www.livingwell.life

Two years at a glance



568 foodbank users



Living Well aims to build a caring community where people feel accepted, loved and valued.



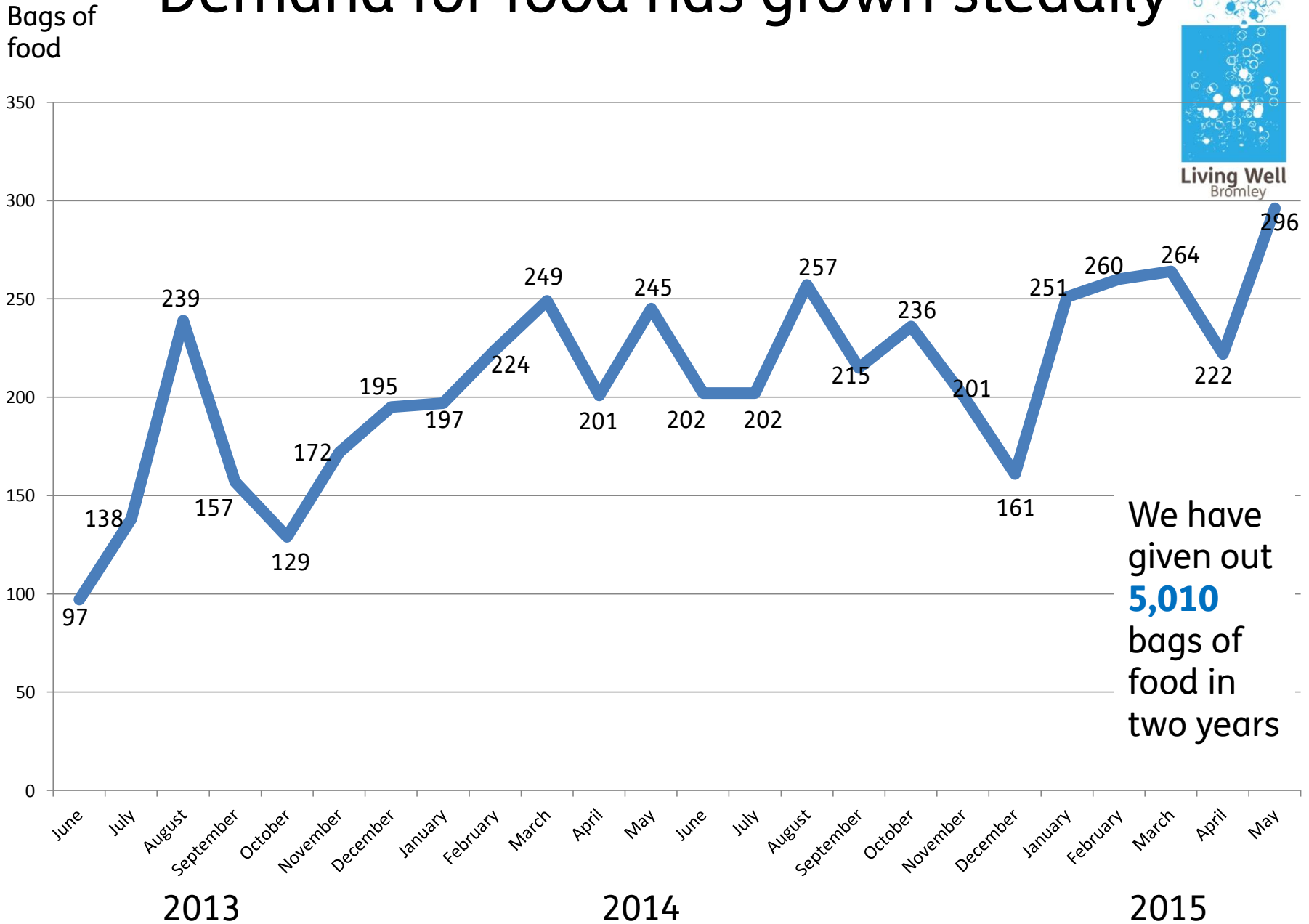
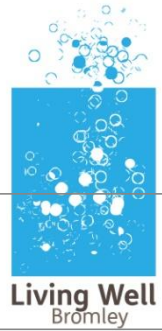
The foodbank began in response to growing numbers of people coming to the church asking for help.

Demand is growing and we now give out over 250 bags of food per month.

Before we give out food, we talk to people about their circumstances, to see how we can best help.



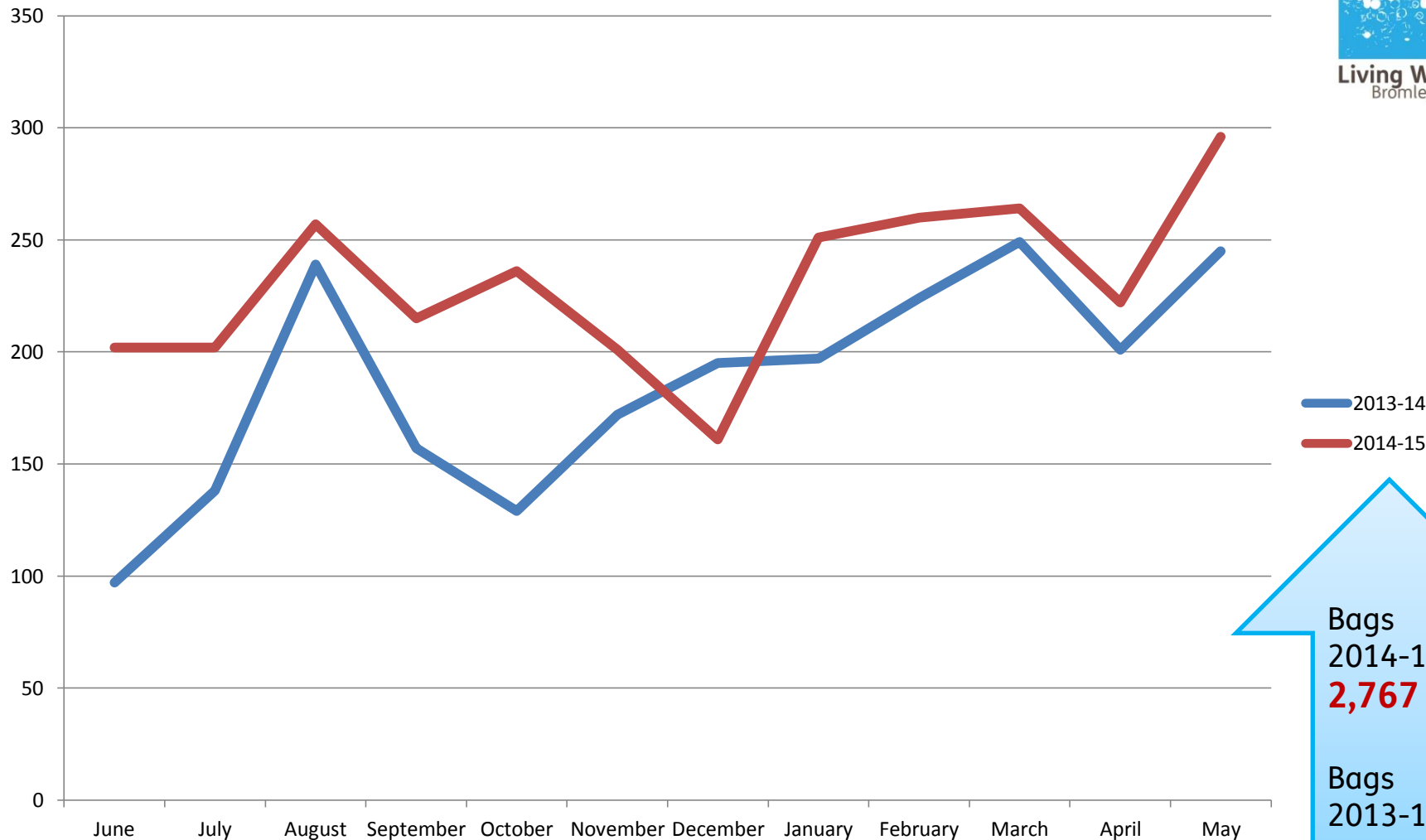
Demand for food has grown steadily



There has been a 23% increase in food given out year on year



Bags of food

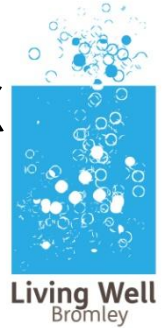


Bags
2014-15:
2,767

Bags
2013-14:
2,243

The foodbank is open 3 times a week

The foodbank is open on Tuesday, Friday and Saturday.



Friday, when we serve a community lunch, is our busiest day. This year, Saturdays have become much busier.

(In 2014, the equivalent numbers were:

Friday – 63% of visits, Tuesdays – 23%, Saturday – 14%)

Reasons for using the foodbank



I'm 16, and my mum threw me out. I have nowhere to live and nothing to eat.

Everyone has times in their lives when they need help, some more than others; they should not be judged on the circumstances they find themselves in, but for the people they are.

My landlord put the rent up and I couldn't afford it. Now I'm sleeping on a friend's sofa.

I lost my job and am waiting for my benefits to start

Often it is the only time I get out of the house in a whole week and socialise.

I'm living in a tent in Bromley.

I am supported during a stressful time in my life, whereby I would have no support otherwise

Most users of the foodbank are male



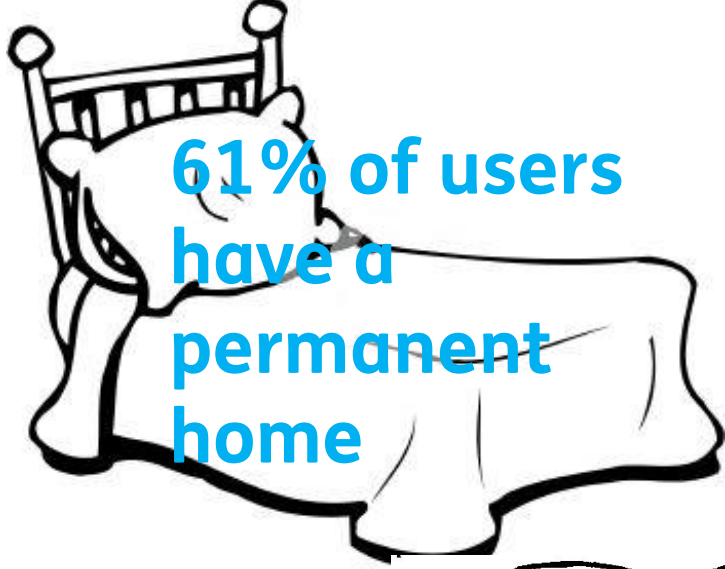
67% of all users are men



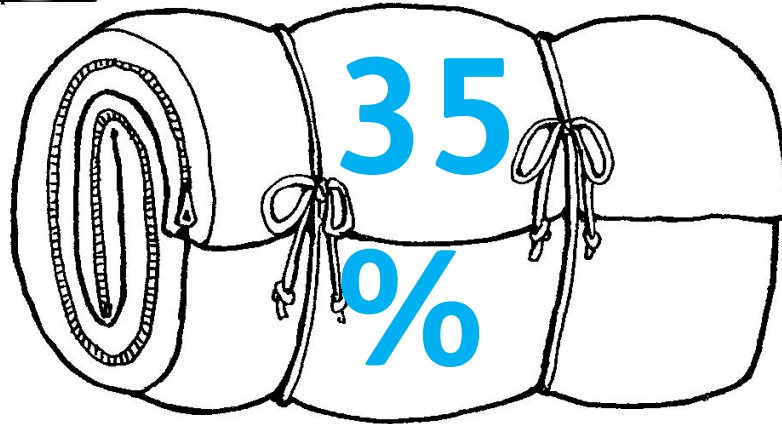
33% of all users are women. The number of women using the foodbank is growing from 23% in 2013, to **37% of all new users** in 2015.



One in five (19%) use the foodbank to help feed their children.



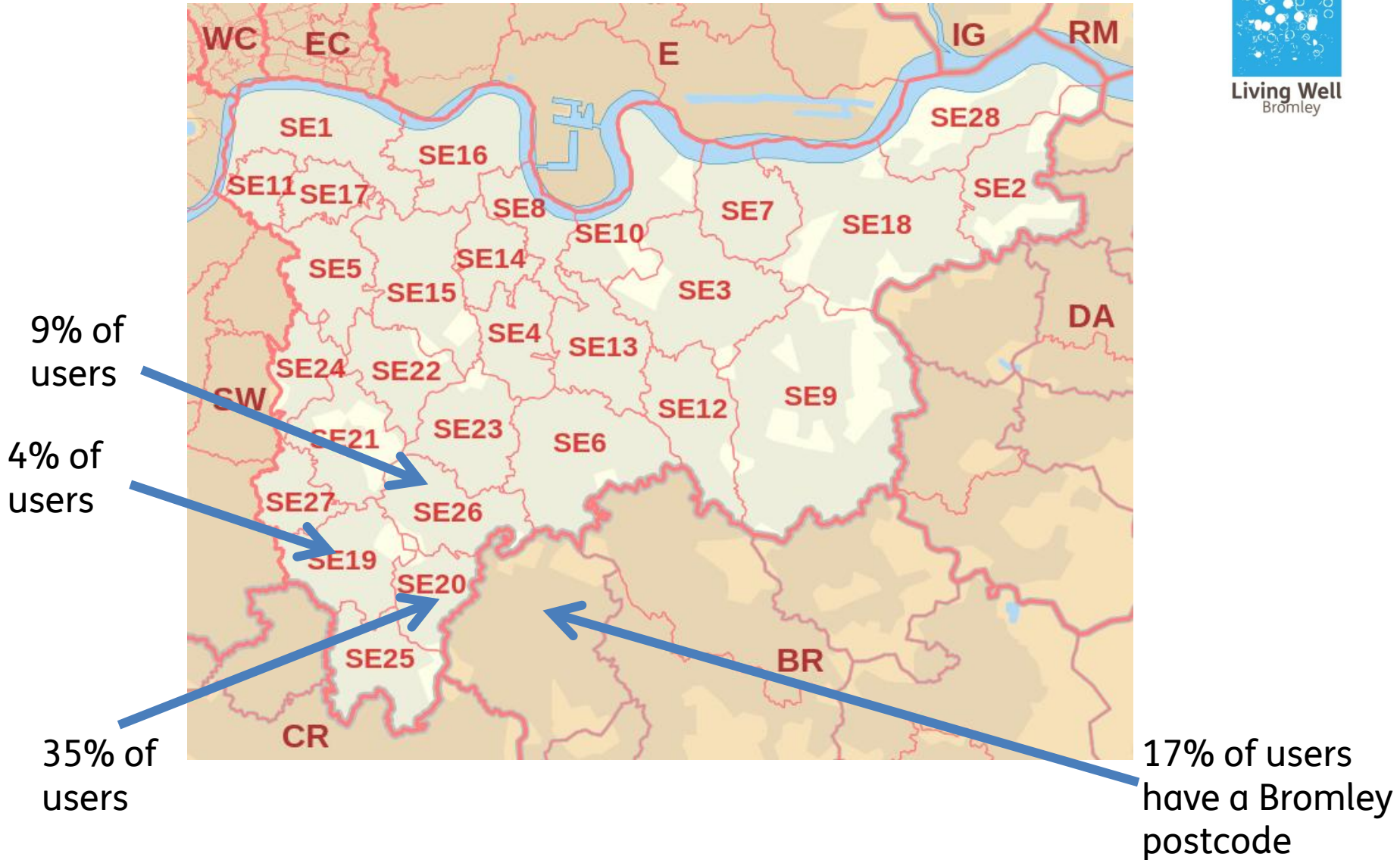
61% of users
have a
permanent
home



are homeless, sofa surfing or
in hostels.

14% of users
have no income
at all. Often,
this is because
their benefits
have been
sanctioned.

Most users live in Penge, or in the Bromley area



We serve adults of all ages

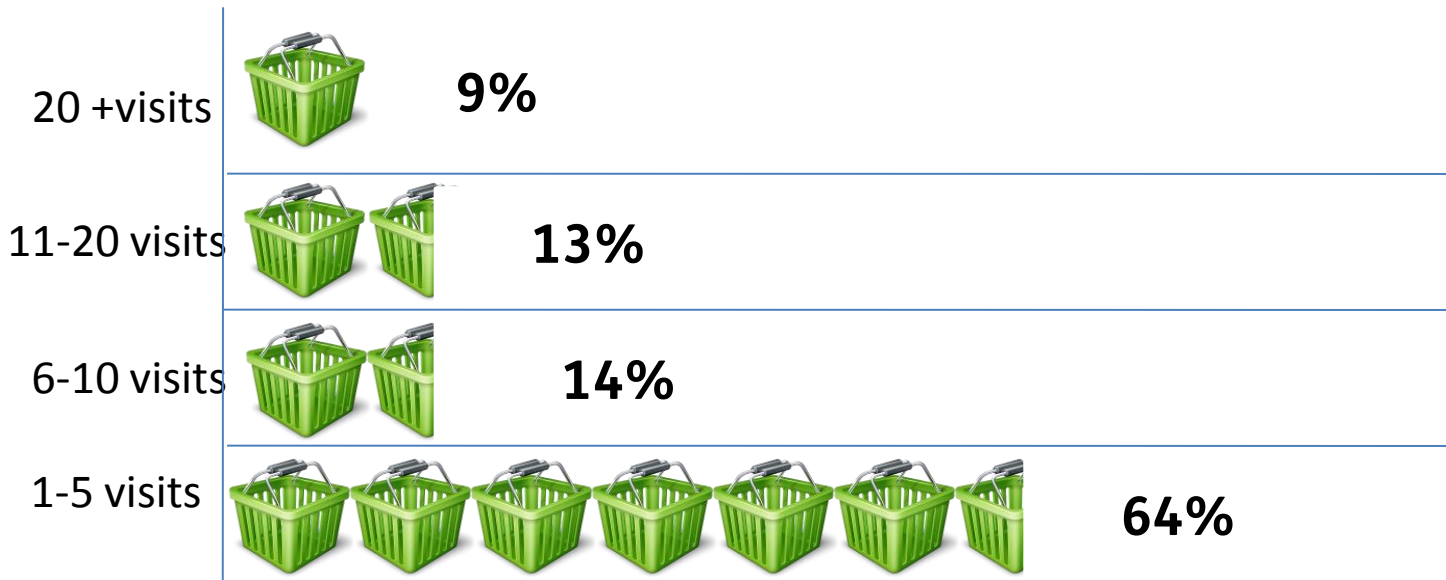
In 2015 we have seen a small increase in people aged between 54-65 using the foodbank



- 1% are under 18
- 3% are aged between 18-24
- 19% are aged between 25-34
- 24% are aged between 35-44
- 28% are aged between 45-54
- 13% are aged between 54-65
- 3% are over 65

(The remainder have chosen not to tell us their age)

In 2014, most people used the foodbank between one and five times.



Figures relate to 2014 usage. Base 351 users.

- 31 people have used the foodbank 50 times or more over two years.
- Our heaviest user has used the foodbank 98 times since first arriving in January 2014.

Want to know more?



Visit our website at
www.livingwell.life
or email us at hello@livingwell.life